

HOW TO BECOME A PLASTIC FREE SCHOOL FOR A SUSTAINABLE FUTURE

APPLY THE 4Rs RULE

Reduce consumption,
Reuse everything you can,
Recycle appropriately, recover the objects.



STOP USING PLASTIC BOTTLES

Support the use of reusable water bottles
or reusable cups.



REDUCE THE DISTRIBUTION OF PRODUCTS WITH PLASTIC PACKAGING

such as snacks, sweets, fruit juices...



CHOOSE TAP WATER

over bottled beverage dispensers, or
place dedicated water dispensers.



N.B.:

IF VENDING MACHINES ARE
AVAILABLE, CONSIDER REPLACING
PLASTIC STIRRERS AND CUPS
WITH THE COMPOSTABLE ONES.
WATER AND DRINKS BOTTLED IN
PLASTIC CAN BE REPLACED BY
THOSE IN CANS AND TETRA
PACKS!

*Psst! If the canteen service is
outsourced to third parties, you
can take steps to make sure
to eliminate all plastic!*



DO NOT USE SINGLE-USE PLASTIC TABLEWARE

in the canteen, in the school cafeteria,
and at school parties.

PROMOTE AWARENESS INITIATIVES

on the issue of plastic pollution, involving
teachers, students and families.



RECYCLE THROUGH SEPARATE COLLECTION

in the school's common areas and in classes.



PROMOTE AND SUPPORT TRAINING AND INFORMATION ON RECYCLING AND ENERGY SAVING

among teaching and non-teaching staff, students and parents.